**INFRASTRUCTURE**

**SCHOOL FACULTY AND STAFF WITH EXPERTISE IN BEHAVIORAL HEALTH**

The following school staff have been identified as having expertise in behavioral health. They will be available to assist and support students with behavioral health concerns and during a crisis.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Name** | **Position/Title** | **Office Number** | **Phone Number** | **Email** | **Notes on any Expertise** |
| Stacy Robinson | Student Support Advocate |  | 425-385-6017 | [lbrent2@everettsd.org](mailto:lbrent@everettsd.org) |  |
| Jason Himstedt | School Counselor |  | 425-385-6024 | [jhimstedt@everettsd.org](mailto:jhimstedt@everettsd.org) |  |
| Anne Jensen | School Counselor | 132 | 425-385-6023 | [ajensen@everettsd.org](mailto:ajensen@everettsd.org) |  |
| Kaitlin Kalkwarf | School Psychologist |  | 425-385-6012 | [kkalkward@everettsd.org](mailto:kkalkward@everettsd.org) |  |
| San Le/Laura King sub through January 2023 | School Counselor |  | 425-385-6022 | [sle@everettsd.org](mailto:sle@everettsd.org) |  |
| Elisabeth O’Brien | School Counselor |  | 425-385-6139 | [solson2@everettsd.org](mailto:solson@everettsd.org) |  |
| Pam Richards | School Counselor |  | 425-385-6025 | [prichards@everettsd.org](mailto:prichards@everettsd.org) |  |
| Debbie Wade | School Counselor |  | 425-385-6021 | [dwade@everettsd.org](mailto:dwade@everettsd.org) |  |
| Ellen Winningham | School Psychologist |  | 425-385-6009 | [ewinningham@everettsd.org](mailto:ewinningham@everettsd.org) |  |
| Denise Redford | Intervention Specialist |  | 425-385-6013 | dredford@everettsd.org |  |
|  |  |  |  |  |  |

**District Response Team:** In the event of an emergency related to student death, the district-leads will launch the District Response Team, as needed, to assist the school in managing the social, emotional and mental health needs of students.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Name** | **Position/Title** | **Office/room phone** | **Cellphone** | **Email** |
| Dave Peters | Director of Student Support Services | 425-385-4063 | 425-870-3341 | dpeters@everettsd.org |
| Laura Phillips | Director of MTSS | 425-385-4043 | (206) 388-7377 | lphilips@everettsd.org |
| Erin Jackson | Regional Social Worker | 425-385-5279 | (425) 802-9545 | Ejackson2@everettsd.org |
| Terry Coleman | Regional Facilitator |  | (206) 280-8583 | tcoleman@everettsd.org |
| Randi Seaberg | Director of HR for EAP staff support | 425-385-4104 |  | rseaberg@everettsd.org |

**Media Relations:** The following people will coordinate to address media inquiries and to manage social media

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Name** | **Position/Title** | **Office/room phone** | **Cellphone** | **Email** |
| Kathy Reeves | Director of Communications | 425-385-4040 |  | KReeves@everettsd.org |
| Michael Takayoshi | Principal | 425-385-6001 |  | MTakayoshi@everettsd.org |
| Jeanette Siemers | Assistant Principal serving in place of principal | 425-385-6000 |  | Jsiemers@everettsd.org |
|  |  |  |  |  |
| Jennifer Goodhart | Communications Coordinator | 425-385-4042 |  | jgoodhart@everettsd.org |
| Linda Carbajal | Communications Technicians | 425-385-4210 |  | lcarbajal@everettsd.org |

**Safe Room:** The following staff and places have been identified to support students in need of safe places and support (safe room and staff)

|  |  |
| --- | --- |
| **Staff** | **Spaces** |
| Jason Himstedt | Library |
| Anne Jensen | Career Center |
| San Le | Conference Rooms |
| Elisabeth O’Brien | Counseling Office |
| Pam Richards | Counseling Office |
| Debbie Wade | Counseling Office |
| Stacy Robinson | Counseling Office |
| Denise Redford | Counseling Office |
| Katherine Mayan | Building 100 |
| Jeannette Siemers | Building 100 |
| Michael Takayoshi | Building 100 |
| Mike Washington | Building 100 |

**Student Information System Updates:** The following people will ensure that the student information system is updated and that the student is removed from all rosters that produce mass communications:

|  |  |  |
| --- | --- | --- |
| Staff member | Role | Phone Number |
| Jackie Ellerbeck | Registrar | 6015 |
| Kaylee Songstad | Data Secretary | 6003 |

The following staff will ensure that student information system will be updated to minimize

**Multi-language speakers:** The following School Staff members have been identified as being able to support families with diverse linguistic and cultural backgrounds.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Name** | **Position/Title** | **Office Number** | **Phone Number** | **Email** | **Additional Languages (if any)** | **Notes on any Expertise** |
| Jason Himstedt | School Counselor |  | 425-385-6024 | [jhimstedt@everettsd.org](mailto:jhimstedt@everettsd.org) | Portuguese | Native speaker |
| Yu-Chin Huang | Chinese teacher |  | 425-385-6000 | Yhuang@everettsd.org | Chinese | Native speaker |
| Katherine Mayan | Assistant Principal |  | 425-385-6000 | [kmayan@everettsd.org](mailto:kmayan@everettsd.org) | Spanish | Native speaker |
| Leslie Brent | Student Support Advocate |  | 425-385-6017 | Lbrent2@everettsd.org |  | Non-native speaker |
| ??Pooja Saxena | Occupational/Physical Therapist |  | 425-385-6032 | [psaxena@everettsd.org](mailto:psaxena@everettsd.org) | ?? |  |
| Simran Takhar | Technology Field Technician |  | 425-385-6098 | [stakhar@everettsd.org](mailto:stakhar@everettsd.org) |  |  |
| Katherine Lockwood | German teacher |  | 425-385-6144 | [klockwood@everettsd.org](mailto:klockwood@everettsd.org) | German | Native speaker |
| Rebecca Richardson | French teacher |  | 425-385-6142 | Rrichardson@everettsd.org | French | Non-native speaker |
| Ryan Wolk | French and German teacher |  | 425-385-6130 | Rwolk@everettsd.org | French & German | Non-native |
| Ashley Femrite | Spanish teacher |  | 425-385-6143 | Afemrite@everettsd.org | Spanish | Non-native |
| Jamie Farman | Spanish teacher |  | 425-385-6145 | Jfarman@everettsd.org | Spanish | Non-native |
| San Le | School Counselor |  | 425-385-6022 | Sle@everettsd.org | Vietnamese | Native |
| Ruth Hunter | English teacher |  | 425-385-6162 | Rhunter@everettsd.org | German | Non-native speaker |
| Rita Bachour | Para-educator |  | 425-385-6102 | Rbachour@everettsd.org | ?Farsi | Native speaker |
| Amy Crum | Math teacher |  | 425-385-6158 | Acrum@everettsd.org | French | Non-native speaker |
| LanguageLink | Interpreter Services | 877-650-8023  Account: 6517 |  |  |  |  |
| Refugee and Immigrant Services Northwest | Interpreter Services | 425-388-9307 |  |  |  |  |
| Jose Cervantes-Aguilar | Spanish teacher |  |  |  |  | Fluent native speaker |

**The following staff are members of the schools Forefront Team:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Name** | **Position/Title** | **Office/room phone** | **Cellphone** | **Email** |
| Pam Richards | School Counselor | x6025 | 206-270-9470 | Prichards@everettsd.org |
| Elisabeth O’Brien | School Counselor | 6139 |  | Eobrien@everettsd.org |
| Stacy Robinson | Family Advocate | 6017 |  |  |
| Denise Redford | Intervention Specialist | 6013 |  |  |
| Michael Takayoshi | Principal | 6090 |  |  |
|  | Teacher |  |  |  |
|  | Teacher |  |  |  |
|  | Parent |  |  |  |
|  | Parent |  |  |  |
|  | Student |  |  |  |
|  | Student |  |  |  |

**Student Health and Wellbeing Team:** The following staff play a role in developing a responsive school culture aimed at developing a sense of belonging and making sure that suicide prevention and other behavioral health related trainings happen each year:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Name** |  | **Position/Title** | **Office/room phone** | **Cellphone** | **Email** |
| Jeanette Siemers |  | Administrator |  |  |  |
| Michael Takayoshi |  | Administrator |  |  |  |
| Kelly Rogers |  | Teacher/ASB activities |  |  |  |

**COMMUNITY BASED RESOURCES**

Here is a list of national, state, and community-specific resources that can assist students and their families with behavioral health and related concerns.

| **Organization/**  **Practitioner Name** | **Address** | **Phone Number** | **Email address** | **MOU in Place? (Y/N)** | **Additional Notes** |
| --- | --- | --- | --- | --- | --- |
| Care Solace |  | 888-515-0595 |  |  | [www.caresolace.com/site/eps](http://www.caresolace.com/site/eps) |
| Catholic Community Services | 1918 Everett Avenue, Everett, WA 98201 | 425-257-2111  888-240-8572  425-258-5270 | CCSNorthwestInfo@ccsww.org |  | [www.ccsww.org](http://www.ccsww.org) |
| The Center of Parent Excellence (COPE) project |  | 253-732-4944 | [jasmine@acommonvoice.org](mailto:jasmine@acommonvoice.org) |  | [www.hca.wa.gov/about-hca/behavioral-health-recovery/center-parent-excellence-cope-project](http://www.hca.wa.gov/about-hca/behavioral-health-recovery/center-parent-excellence-cope-project)  Support or Consultation Group:  Second Wednesday of every month 11 a.m. to 12 p.m. [Register: North Sound (a.m.)](http://us02web.zoom.us/meeting/register/tZAvcOurrzIpHdWck4a9WDt-41EzbdIwvyIV)  Fourth Wednesday of every month 6 to 7 p.m. [Register: North Sound (p.m.)](https://us02web.zoom.us/meeting/register/tZUsdOuvrjgsGtDTFXZMFK7iNqZInd-Mo9BC) |
| Changes Parent Support Network | 4634 Alger Avenue, Everett, WA 98203 | 888-468-2620 | [office@cpsn.org](mailto:office@cpsn.org) |  | [www.cpsn.org](http://www.cpsn.org)  Everett Support Groups: 6:30pm to 9:00pm (currently Zoom) |
| Cocoon House | 3530 Colby Avenue, Everett, WA 98201 | 425-317-9898 | [info@cocoonhouse.org](mailto:info@cocoonhouse.org) |  | [www.cocoonhouse.org/prevention](http://www.cocoonhouse.org/prevention) |
| Compass Health – Federal Ave | 4526 Federal Ave., Everett, WA 98203 | 425-349-6200 |  |  | [www.compasshealth.org](http://www.compasshealth.org)  Online referral form: [https://www.compasshealth.org/online-referral-form/](https://nam10.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.compasshealth.org%2Fonline-referral-form%2F&data=04%7C01%7CJDeking%40everettsd.org%7C977369e8d88545126dfa08da0c511687%7Ca6158ef04f854b0da599925097f77b3d%7C0%7C0%7C637835839672232530%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=FnJ3eOuUF6M5znR50V0CtzF9bPZ5M%2FBlgzYSlSZYI4A%3D&reserved=0)  Referral Line: 844-822-7609 |
| Compass Health – Lynnwood | 4807 196th St. SW, Suite 100, Lynnwood, WA 98036 | 425-774-4269 |  |  | [www.compasshealth.org](http://www.compasshealth.org)  Online referral form: [https://www.compasshealth.org/online-referral-form/](https://nam10.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.compasshealth.org%2Fonline-referral-form%2F&data=04%7C01%7CJDeking%40everettsd.org%7C977369e8d88545126dfa08da0c511687%7Ca6158ef04f854b0da599925097f77b3d%7C0%7C0%7C637835839672232530%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=FnJ3eOuUF6M5znR50V0CtzF9bPZ5M%2FBlgzYSlSZYI4A%3D&reserved=0)  Referral Line: 844-822-7609 |
| Compass Health – Smokey Point | 3320 173rd Pl NE, Arlington, WA 98223 | 425-349-8700 |  |  | [www.compasshealth.org](http://www.compasshealth.org)  Online referral form: [https://www.compasshealth.org/online-referral-form/](https://nam10.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.compasshealth.org%2Fonline-referral-form%2F&data=04%7C01%7CJDeking%40everettsd.org%7C977369e8d88545126dfa08da0c511687%7Ca6158ef04f854b0da599925097f77b3d%7C0%7C0%7C637835839672232530%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=FnJ3eOuUF6M5znR50V0CtzF9bPZ5M%2FBlgzYSlSZYI4A%3D&reserved=0)  Referral Line: 844-822-7609 |
| Domestic Violence Services | PO Box 7, Everett, WA 98206 | 425-252-2873 | [info@dvs-snoco.org](mailto:info@dvs-snoco.org) |  | [www.dvs-snoco.org](http://www.dvs-snoco.org) |
| The Everett Clinic – Behavioral Health Department | Multiple locations | 425-339-5453 |  |  | [www.everettclinic.com/types-of-care/specialty-surgical/behavioral-health.html](http://www.everettclinic.com/types-of-care/specialty-surgical/behavioral-health.html) |
| Fairfax Behavioral Health | Multiple locations | 425-284-8300 |  |  | [www.fairfaxhospital.com](http://www.fairfaxhospital.com) |
| Mill Creek Family Services | 16000Bothell Everett Hwy, Mill Creek, WA 98012 | 425-357-9111 |  |  | [www.millcreekfamilyservices.com](http://www.millcreekfamilyservices.com) |
| National Alliance on Mental Illness | 1107 NE 45th Street, Suite 330, Seattle, WA 98105 | 425-347-5365 | [namicontact@gmail.com](mailto:namicontact@gmail.com) |  | [www.namiwa.org](http://www.namiwa.org) |
| National Suicide Prevention Line |  | English: 1-800-273-8255  Spanish: 1-888-628-9454 |  |  | [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)  Have an online chat option |
| Newport Academy | Kept confidential | 877-929-5105 |  |  | [www.newportacademy.com/locations/outpatient/seattle/](http://www.newportacademy.com/locations/outpatient/seattle/) |
| Northshore Youth and Family Services | 19201 120th Ave NE, Suite 108, Bothell, WA 98011 | 425-485-6541 | [info@northshoreyfs.org](mailto:info@northshoreyfs.org) |  | [www.northshoreyouthandfamilyservices.org](http://www.northshoreyouthandfamilyservices.org) |
| Parents Universal Resource Experts |  | 954-260-0805 |  |  | [www.helpyourteens.com](http://www.helpyourteens.com) |
| Providence Intervention Center for Assault and Abuse | 1509 California St., Everett, WA 98201 | 425-252-4800 |  |  | [www.providence.org/locations/wa/intervention-center-for-assault-and-abuse-everett](http://www.providence.org/locations/wa/intervention-center-for-assault-and-abuse-everett) |
| Providence Institute for a Healthier Community, LiveWell | 916 Pacific Ave., Suite S1-016  Everett, WA  98201 |  |  |  | <https://pihchub.org> |
| Refugee and Immigrant Services Northwest | Everett Community College  Rainer Building/Room 228(M/S41)  2000 Tower Street  Everett, WA 98201 | 425-388-9307 | [vkuno@everettcc.edu](mailto:vkuno@everettcc.edu) |  | [www.risnw.org](http://www.risnw.org)  Interpreter Services |
| SeaMar -Everett Behavioral Health Clinic | 5007 Claremont Way, Everett, WA 98203 | 425-609-5505 |  |  | [www.seamar.org](http://www.seamar.org) |
| SeaMar – Everett Behavioral Health Child & Family Services | 1920 100th St. SE, Suite A2 & C3, Everett, WA 98208 | 425-312-0277 |  |  | [**www.seamar.org**](http://www.seamar.org) |
| Seattle Children’s Hospital – Children’s Outpatient Psychiatry | 4800 Sand Point Way, NE, Seattle, WA 98105 | 206-987-2164 |  |  | [www.Seattlechildrens.org](http://www.Seattlechildrens.org) |
| Seattle Children’s Hospital – North Clinic in Everett | 1815 13th Street, Everett, WA 98201 | 425-783-6200 |  |  | [www.Seattlechildrens.org](http://www.Seattlechildrens.org) |
| Seattle Children’s Hospital – Odessa Brown Children’s Clinic | 2101 E. Yesler Way, Seattle, WA 98122 | 206-987-7210 |  |  | [www.Seattlechildrens.org](http://www.Seattlechildrens.org) |
| Seattle Children’s Hospital – Psychiatry and Behavioral Health Medicine Unit | 4800 Sand Point Way NE, Seattle, WA 98105 | 206-987-2055 |  |  | [www.Seattlechildrens.org](http://www.Seattlechildrens.org) |
| Seattle Children’s Hospital - WA Mental Health Referral Service for Children/Teens | 4800 Sand Point Way NE, Seattle, WA 98105 | 833-303-5437 |  |  | [www.seattlechildrens.org/clinics/washington-mental-health-referral-service](http://www.seattlechildrens.org/clinics/washington-mental-health-referral-service)  text “HOME” to 741741  Connects families with local mental health providers |
| Smokey Point Behavioral Hospital | 3955 156th St. NE, Marysville, WA | 844-202-5555 |  |  | [www.smokeypointbehavioralhospital.com](http://www.smokeypointbehavioralhospital.com) |
| Snohomish County Crisis Services | 3000 Rockfeller Avenue, Everett, WA 98201 | 425-258-4357 |  |  | [www.snohomishcountywa.gov/604/Snohomish-County-Crisis-Services](http://www.snohomishcountywa.gov/604/Snohomish-County-Crisis-Services) |
| Snohomish County Health District | 3020 Rucker Ave.  Everett, WA 98201 | 425-339-5200 | [SHDInfo@snohd.org](mailto:SHDInfo@snohd.org) |  | [www.snohd.org](http://www.snohd.org) |
| Summit Counseling | 518 Pecks Drive, Everett, WA 98203 | 425-353-4428 |  |  |  |
| Teen Link |  | 866-833-6546 866-TEENLINK |  |  | [**www.crisisconnections.org/teen-link/**](http://www.crisisconnections.org/teen-link/)  **Phone Hours:**  6:00pm-10:00pm  **Chat Hours:** 6:00pm-9:30pm  **Text Hours:** 6:00pm-9:30pm |
| Therapeutic Health Services | 9930 Evergreen Way, Building Z150, Everett, WA 98204 | 425-263-3006 |  |  | [www.ths-wa.org](http://www.ths-wa.org) |
| Thira Health | 400 108th Ave NE #700  Bellevue, WA 98004 | 425-454-1199 | [info@thirahealth.com](mailto:info@thirahealth.com) |  | [www.thirahealth.com](http://www.thirahealth.com) |
| Trevor Project Helpline (LGBTQ) | PO Box 69232  West Hollywood, CA 90069 | 866-488-7386 | [advocacy@thetrevorproject.org](mailto:advocacy@thetrevorproject.org) |  | [www.thetrevorproject.org](http://www.thetrevorproject.org) |
| Tulalip Health System | 7520 Totem Beach Road, Tulalip, WA 98271 | 360-716-4511 |  |  | [www.tulaliphealthsystem.com/BehavioralHealth/](http://www.tulaliphealthsystem.com/BehavioralHealth/) |
| VOA Crisis Line | 2802 Broadway Ave., Everett, WA 98201 | 800-584-3578 | info@voaww.org |  | CHAT: [www.imhurting.org](http://www.imhurting.org)  TEXT: text HOME to 741741  <http://www.crisistextline.org/>  [www.voaww.org/behavioralhealth](http://www.voaww.org/behavioralhealth) |
| Washington State Health Care Authority – Apple Health |  |  |  |  | [www.hca.wa.gov/health-care-services-supports/apple-health-medicaid-coverage](http://www.hca.wa.gov/health-care-services-supports/apple-health-medicaid-coverage)  Referral Specialist: 1-833-303-5437 (Monday through Friday 8am to 5pm) |

The community resource list will be updated annually by the regional social worker and will be available on the school’s counseling page and in the counseling center who supports schools in updating the Crisis management plan. The social workerwill be responsible for updating the community resource list for the *2022-23* school year. The next update of the list will be on *[08/2023].*

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**ENVIRONMENTAL SCAN**

In order to ensure all school buildings are suicide safe (i.e. medicine in nurse’s office is properly locked, there are no chemicals around, etc.), [*insert name of staff member, i.e. the custodian, athletic director, etc.*] will conduct an environmental scan of the building *[annually, bi-annually, monthly*] and will write a brief report that will be sent to the [*principal/designee, etc*.]. In the event that [*insert name of staff member conducting the environmental scan*] does find something of concern in the school building, the [*principal, vice principal, etc.*] will be in charge of resolving the issue within [*insert timeframe*].

*\*Please fill out this Environmental Scan Checklist to help keep track of regular environmental scans. Please adapt and edit as it applies to your specific school.*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Environmental Scan Checklist** | | | | |
| **Item** | **Safe? Yes or No** | **Date Last Checked** | **How has this item been secured?** | **Notes** |
| Medications are secured in nurses office |  |  |  |  |
| Rooftop access is secured |  |  |  |  |
| Cleaning supplies storage is secured |  |  |  |  |
| Science lab access to materials is secured |  |  |  |  |
| Outdoor storage area is secured |  |  |  |  |
| Athletic/PE storage area is secured |  |  |  |  |
| Stage equipment and area is secured as appropriate |  |  |  |  |
| Perimeter of school building clear of safety hazards |  |  |  |  |
| Controlled access areas (i.e. electrical panels, boiler room, mechanical room, custodial closets) are secured or have appropriate coverings |  |  |  |  |